

## The Official Mother Earth Living 2014 Holiday Gift Guide

It's our favorite time of year again—time to celebrate the people we love by giving the most thoughtful, perfect gifts. Those gifts are made even more meaningful and joyous when they are made by people who were treated well and with materials that honor our planet. That might sound like a lot of requirements, but fear not! Our handy eco-friendly gift guide will help you find the perfect special gift for every friend and family member on your nice list.

### For the Tea-Lover



#### [Aiya Matcha Tea Set](#), \$88

This Japanese tea ceremony kit includes a 30 gram tin of matcha tea, a bamboo whisk and scoop, and a matcha tea bowl, plus a 20-minute documentary explaining the proper method of preparing traditional matcha tea. There are various options for style of bowl and you can upgrade the type of matcha: ceremonial, organic or premium.