



## MATCHA TO GO

👤 Elle Fure 🕒 February 19, 2015 📁 Food & Drink



*Matcha may be an age-old beverage, but we found a new way to enjoy the healthiest tea on the planet.*

A few weeks ago, some of you may remember, we declared we were **mad about Matcha**. And why wouldn't we be? When it comes to health benefits, this age-old beverage beats out pretty much any other drink on the planet. With an antioxidant inventory twenty times that of blueberries or pomegranates, Matcha works miracles in the way of cancer prevention and reducing the risk of cardiovascular disease.

But as much as we'd love to load up on Matcha 24/7, accessing a kitchen and a kettle isn't always the most convenient. So when we discovered that consuming Matcha actually doesn't require relying on a stovetop, we simply had to clue you in. Enter Matcha To Go.

Brought to us by **Aiya America**, Matcha To Go consists of a single serving stick of traditional Matcha. Utilizing a unique technique which blends Matcha with dietary fiber, Matcha To Go sticks are practically clump-free, making it easy for the powder to dissolve in hot water. If you don't like it hot, however, an iced Matcha is equally easy to make. Simply pour the powder into a bottle of water and shake well—no stirring required!

We don't know about you, but we'll make room in our purse for a few packets of Matcha To Go.