

clean choice awards

FROZEN
Here's a revelation: Frozen foods don't actually need preservatives since cold temperatures keep harmful bacteria at bay. These frozen faves demonstrate that point exactly with their squeaky clean ingredient lists!

BEAN BURGER
Hilary's Eat Well Adzuki Bean Burger
We keep our freezers stocked with these patties for a meal you can have ready in 10 minutes. Filled with quinoa, millet, adzuki beans, cumin and coconut oil, these chunky veggie burgers are addictive. \$4. hiarysatewell.com for where to buy



SMOOTHIE PACK
Earthbound Farm Organic Smoothie Kickstart Kale Berry
Organic berries comprise this convenient fruity smoothie mix that's rounded out nicely by a hint of kale. \$4. earthbound.com for where to buy



TIME-SAVING PEPPERS
Woodstock Organic Tri-Colored Peppers
A colorful and nutritious addition to stir-fries and salads, these frozen organic peppers can be cooked up in a flash when you're strapped for time. \$4. woodstockfoods.com for where to buy



OUR TOP-RATED SUPPLEMENTS

Whole Earth & Sea Pure Food Women's Multivitamin & Mineral
\$40. wholeearthsea.com



Dr. Ohhira's Probiotics Original Formula
\$19.99 per 60 capsules. essentialformula.com for where to buy



Vega Chlorella
\$16 per 5.3-oz powder. myvega.com



Barlean's Organic Lignan Flax Oil \$22 per 16-oz bottle. barleans.com



SWEET TREATS
You won't find any refined sweeteners in these delectable goodies – so you don't have to skip dessert!

WE'RE ROONED!
Hail Merry Lemon Macaroons
The only packaged baked goods to meet our strict guidelines. The luscious and gourmet taste of these colorful lemon macaroons inspired our seeds off. \$4 to \$5. hailmerry.com for where to buy



HOT MINT CHOCOLATE
NibMor Mint Drinking Chocolate
Sip on a cup of clean hot cocoa with a delicate mint flavor and let the day melt away. We love the silky smooth taste and the fact that this cocoa is ethically traded and fair trade-certified. \$9 per 8-oz canister. nibmor.com



NOT YOUR AVERAGE CHOCOLATE BAR
Not Your Sugar Mamas Salted Caramel
Just one line of this melt-in-your-mouth chocolate and you'll know why we picked this bar as a winner. With ingredients such as organic raw cacao powder, organic maple syrup and organic vanilla, this is among the cleanest chocolates around! \$6. notyoursugarmamas.com



Inner-eco Coconut Water Probiotics Tropical Flavor
\$18 per 15-oz. inner-eco.com for where to buy



FloraSdx Iron and Herbs
\$46 per 17-oz. florasdx.com for where to buy



Aiya America's Matcha to Go Sticks
\$19 per 10-pk. aiyamatcha.com



Nordic Naturals Arctic Cod Liver Oil \$25. nordicnaturals.com




Aiya America's Matcha to Go Sticks
\$19 per 10-pk. aiyamatcha.com


