

HUFFPOST TASTE

Black Sesame Recipes That Prove These Seeds Are For More Than Just Bagels

Sesame, particularly black sesame, hasn't been a popular choice in Western desserts but it might be time to make room next to chocolate and vanilla for this nutty flavor. This tiny seed is a **popular ingredient in Japan**, and it makes for some show-stopping desserts. Seriously, just wait until you see the beautiful cakes, ice cream and buns we found.

We eat with our eyes, so the appearance of our desserts makes a difference. That's why we're such suckers for **pastel colored treats** and **matcha everything**. But when it comes to black sesame, it's not just about aesthetics. This little seed is packed full of flavor; and it's a taste you should get to know.

Matcha Mini Cakes With Black Sesame Buttercream



My Name Is Yeh

Get the **Matcha Mini Cakes with Black Sesame Buttercream recipe** from **My Name Is Yeh**