

WOMANISTA

The Magic of Matcha: Matcha Coconut Latte



(Photo: Love and Lemons)

Matcha Coconut Latte

adapted from Love & Lemons

Latte Ingredients (makes 1 latte)

- ½ - 1 teaspoon Aiya Cooking Grade Matcha (or 1 tablespoon Aiya Matcha Zen Cafe Blend which is lightly sweetened)
- ¼ cup hot water
- ¼ cup warmed coconut milk
- Optional: sweetener of your choice, to taste

Latte Instructions

- Sift your matcha so it is lump-free (optional)
- Spoon the matcha into a large mug.
- Add the hot water and coconut milk and whisk briskly, in an up and down motion, until frothy - about 30 seconds or so. (You can also use a small kitchen whisk if you don't have a matcha whisk).
- Taste and add additional water, coconut milk, and/or sweetener to your liking.